

2024

State of Diabetes

Access and Affordability Assessment

Employers can improve employee well-being by enhancing health coverage, supporting diabetes management, and addressing cost barriers to care.

NATIONAL SURVEY RESULTS

Health Care Costs

1 in 3

Respondents said health care costs are **not** affordable

- **Nearly 1/3** of respondents reported they **rationed, skipped** or **delayed** medication or treatment in the last year due to **cost** at least sometimes.

Impact of Obesity



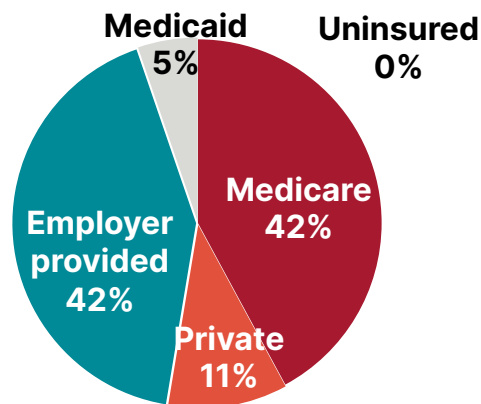
58%

Respondents reported living with or having a household member experiencing Overweight/Obesity.

Impact of Health Insurance

- High overall health insurance costs are a major factor in job change decisions
- Insufficient coverage for chronic conditions impacts job change decisions
- Desire for improved coverage for diabetes technology such as CGMs and pumps

Insurance Type



MARYLAND SURVEY RESULTS

Benefits of Diabetes Technology

79%

- Respondents say CGMs enhanced awareness of blood glucose trends

71%

- Respondents say CGMs improved blood glucose management